



# अंतर्चेतना

## Antarchetana - The awakening

A newsletter of Anandalaya, Jan-Feb, 2021 : Issue - 15



Dr. Verghese Kurien



Dear Readers,

With the Corona vaccine now available in the country, agonising over the pandemic and its destruction should be a thing of the past. Looking ahead now, our focus should be on how we can transform the present adversity into an opportunity for a better future. As Albert Einstein said, "In the middle of difficulty lies opportunity", and at this moment we have a golden chance to capitalize on our strengths and build a brighter future for our nation. Education is fundamental for achieving full human potential, developing an equitable and just society, and promoting national development. Providing universal access to quality education is the key to ensure India's continued ascent as a global leader in terms of economic growth, social justice and equality, scientific advancement, national integration, and cultural preservation. National Education Policy-2020 is an important step in this direction. 'Anandalaya' the school with a difference has been pioneer in implementing the objectives given in NEP-2020 since its inception which talks volumes about its vision and mission. Let us see some of the important objectives which prove Anandalaya's belief in quality education:

1. To develop good human beings capable of rational thought and action, possessing compassion and empathy, courage and resilience, scientific temperament and creative imagination, with sound ethical moorings and values.
2. It aims at producing strong, aware, productive and constructive citizens for building an equitable, inclusive, and plural society. It strives to inculcate in the Indian youth a respect for the ethno-linguistic diversity and a passion to preserve it through a multilingual and multi-disciplinary education.
3. Recognizing, identifying, and fostering the unique capabilities of each student, by sensitizing teachers as well as parents to promote each student's holistic development in both academic and non-academic spheres.
4. It seeks to promote multi-disciplinary curriculum by combining arts and sciences to endow students with a holistic education emphasizing on conceptual understanding, creativity and critical thinking.
5. Extensive use of technology with focus on regular formative assessment for learning through activities.
6. To enable a more inclusive transition from the foundational to the secondary stage the extant 10+2 structure will be replaced by a 5+3+3+4 system.

When Dr. Verghese Kurien had thought of establishing Anandalaya, he exhorted our founder Principal Mr. Neelkanthan to establish a school with strong life values and excellent academic quality. Anandalaya has since then tried to live up to Dr. Kurien's vision and mission, which is quite close to NEP-2020. The interdisciplinary project 'समरस' (Samras), based on the diversity of Indian food culture, which we organised last year, is a fine example of how students can learn through fun. Certainly we still have a long way to go, but our efforts have been student centric and we will do everything possible to build 21st century citizens in accordance with NEP-2020.

Mr. Deepal Manjrekar  
Teacher ANANDALAYA

## PRE PRIMARY

## Story Telling



Children possess an innate love for stories. Story narration is not only one of the oldest forms of teaching; but listening to it is also a favourite early years activity. It is a unique way for children to develop an understanding and appreciate the world around them. Stories have so much to offer: they develop listening and communication skills, improve concentration and memory, bring experiences alive, create a sense of wonder and help sequence events. Hence, stories form an integral part of Anandalaya pre-primary curriculum. The kindergarten team of teachers have created a story bank to cater to the needs of online teaching, where various modes of narration such as; telling a story reading from a book, puppet shows, dramatization etc. have been incorporated.

Thus, stories have continued to be one of the most powerful learning tools even during this pandemic year which has gone a long way in honing skills, imbibing values & virtues and shaping of personality.

## Nurturing Young Minds – Science in Everyday Life



Young children are naturally inquisitive, full of questions about the world around them. Taking advantage of this innate curiosity; the teachers of pre-primary section channelized their enthusiasm for scientific discovery. A video depicting simple science experiments was shared with the students. This encouraged the parents to understand that science need not necessarily be taught formally in laboratories at elementary level. Instead, it can be introduced at the early childhood level in an informal way through child centered activities using resources from their immediate surroundings. This initiative has yielded positive feedback from our esteemed stake holders as it has cultivated investigative skills in children and has paved way to foster lifelong love for science.

Note: The links below connect us to the above activities

<https://youtu.be/SXKMvoIsRuI>

<https://youtu.be/JceBeyyjMhQ>

<https://youtu.be/U5uDDbcjFM>

<https://youtu.be/SKPPqBu82Iw>



## Nurturing Scientific Temperament



# Budding Scientist



## PRIMARY, SECONDARY AND SENIOR SECONDARY

### Mobile to Sports Vocal Competition 2020



Students from classes III to VII participated in Mobile to Sports Vocal Competition organized at the District Level on 18<sup>th</sup> December 2020. Miss Kanushi Gupta (VII) won the first prize at the zonal level and participated in the State Level Competition at Vadnagar, Mehsana on 10<sup>th</sup> January 2021, where she was awarded with a consolation prize of Rs.5000. Ms. Jignasha Jani and Mr. Lorence Christian trained and accompanied her on harmonium and Tabla.

### National Youth Day Celebration

Swami Vivekananda's birthday recognized as National Youth Day was celebrated at Anandalaya on 12<sup>th</sup> January 2021. On this occasion, students of class VIII presented a special live programme on the virtual platform. The programme began with lighting of the lamp followed by a devotional prayer and singing of 'Sri Ramkrishna Stotra Dashakam'.

A glimpse into Swamiji's life: 'the transformation of Narendra Dutta to Swami Vivekananda.' was presented by Master Arya Dabawala. Miss Ruja Vadher and Miss Sumona Saha recreated Swamiji's famous Chicago speech of 1893. Miss Nehal gave a presentation on great personalities of India who were inspired by Swamiji's life. Master Mahir spoke on the passion Swamiji had for the youth of India and Master Mohit presented inspiring quotes given by Swamiji. The programme was anchored by Miss Niharika and Miss Evelyn. Principal Shri Pawan Kumar Sharma in his address encouraged students to be fearless and to strongly uphold the feeling of brotherhood for fellow Indians. The programme was live-streamed on the school's You tube channel.

### Offline PTM for Classes X and XII

With the objective of interacting with parents and students regarding students' performance in the first Pre board examination, the first offline or physical Parent Teacher Meeting (PTM) was held for classes X and XII. For class XII the interaction was held on three days from 11<sup>th</sup> January 2021 to 13<sup>th</sup> January 2021 from 8:00 am to 10:30 am. the same was held for class X on 29<sup>th</sup> January 2021 from 8:00 am to 3:00 pm. During the interaction, all subject teachers gave individual feedback to each student about their performance. In addition, parents were appraised about the school's proposal for taking practical sessions and offline classes. The PTM met its objective as most of the parents gave their consent for physical practical classes. Encouraged by parents' feedback the school will continue to make every effort possible in the interest of students along with maintaining all safety guidelines.

### National Talent Search Examination 2020

An orientation session on NTSE (National Talent Search Examination) 2020 was conducted by the Principal Shri Pawan Kumar Sharma for the students of class X in November 2020. A mock test was also conducted for all the students to give a feel of the examination especially during the pandemic. The first level of the NTSE examination was held on 14<sup>th</sup> January 2021. The result for the same is awaited.

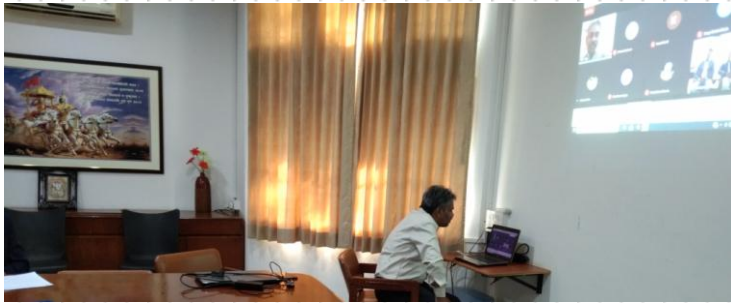
### MGM Quiz

The 30<sup>th</sup> Inter-School Reliance Science Quiz 2021 was organized on 18<sup>th</sup>-19<sup>th</sup> January 2021. Two students, Saahil Dholakia of class XI and Rushil Patel of Class IX participated in the senior category of class IX-XII. There was an elimination round followed by the final round on 19<sup>th</sup> January, 2021. Our students secured the third position.

### Art Integration Collaboration Programme - classes I to X

With the aim of fostering a greater understanding and appreciation of the fine and performing arts of all states of India, CBSE introduced "Art integration project" for all classes from I to X. In line with this, an online art integration collaboration programme was conducted between Anandalaya and Khalsa Public School, Dongargarh, Chhattisgarh with an objective of working

together to know the culture, tradition and customs of the states of Gujarat and Chhattisgarh. The programmes were conducted online through Google Meet.



The exchange programme began on 22<sup>nd</sup> January 2021 for classes I and II with the theme ‘greetings’, classes III & IV with the theme Cuisine, Music / Dance / Costumes and for classes V & VI with the theme Regional Fairs & Festivals. The same was depicted through various activities like poem recitation, skit, role-play, display of greeting cards, songs and video presentation by students of both the schools. A large number of students, teachers as well as the principals of both the schools witnessed this unique and enriching collaboration.

On 23<sup>rd</sup> January 2021 the online exchange programme was about the monuments, art and craft of Gujarat and Chhattisgarh. Classes VII and VIII worked on the project and made power-point presentation and videos. For the third round of collaboration, students of classes IX and X prepared and participated on the themes of industries, geography of Gujarat, GSDP, famous personalities, tourism and economy of Gujarat through PPTs. Likewise, students of Khalsa Public School highlighted the unique features of these themes on Chhattisgarh. The students of both the schools got a platform to express their views, creativity and ideas. Mr. Shunmugasundaram and Ms. Shylaja Pillay coordinated the programme with the ICT team of Anandalaya.

### Orientation Session on Career Choices by Anandalaya Alumni

Anandalaya achieved yet another milestone in its endeavour to live up to its name—a home of happiness. In this regard, a live interactive online session was arranged on 25<sup>th</sup> January 2021. The students of XI and XII were oriented by the alumni students on the subject of different career options available.

In this session Miss Nupur Pandya, Mr. Neel Shah, Miss Amulya Prasad, Miss Freya Dholakia, Miss Anushka Manjrekar and Miss Abhignya Sajja (2017 and 2019 batches) shared their experiences and suggested that the students should study with set objectives. They stressed upon deciding the goals for life without focusing on

remuneration as a sole objective. Further they emphasized that students should learn to enjoy co-curricular activities during schooling which would help them to strengthen their portfolio. Also, they oriented students on how English being the global language is very important irrespective of any career a person selects for oneself. They advised the students to remain focused and suggested a few career options which have great potential in every aspect. A recorded video of the same was shown to class X students on Saturday 30<sup>th</sup> January, 2021.

### Inter House Heritage India Quiz



To celebrate the 72<sup>nd</sup> Republic Day and to inculcate a spirit of pride in the Indian heritage, an Inter House Heritage India Quiz (in online mode) was organized by Social Science Faculty on 25<sup>th</sup> and 26<sup>th</sup> January 2021. The Quiz was conducted in two categories - Category I: classes VI to VIII and Category II: classes IX to XII. A total of 97 students for category I and 96 students for category II participated in the preliminary rounds. The toppers of the preliminary round from each house participated in the Final Round for the winning positions. The result for the quiz is as follows:

#### CATEGORY – I : CLASSES VI TO VIII

Name of the Students	Class	House	Position
Akshiti Manjrekar	VI-A	UMANG	First
Vedeeta Singh	VII-A	ULLAS	First
Agrima	VII-B	HARSH	Third
Sonal Deshmukh	VI-B	UTKARSH	Fourth

#### CATEGORY – II : CLASSES IX TO XII

Name of the Students	Class	House	Position
Parisa Mehta	IX-A	ULLAS	First
Khushi Shah	IX-A	UTKARSH	First
Kriteyu Vyas	XII-B	HARSH	First
Sakshi Sharma	X-A	UMANG	Fourth

## 72<sup>nd</sup> Republic Day Celebration



The school celebrated 72<sup>nd</sup> Republic Day starting with the hoisting of the tricolour by the Head Boy Master Aditya Sikarvar, the Head Girl Miss Isha Bhattacharjee and the Principal Shri Pawan Kumar Sharma. This was followed by salutation to the flag and singing of the ‘Jhanda Geet’ by the teachers’ choir. The principal in his address motivated the teachers to renew their pledge as citizens of this nation and to inculcate the same spirit among the students.

## Martyr’s Day Commemoration

Martyr’s Day was observed on 30<sup>th</sup> January. This day marks the death anniversary of Mahatma Gandhi. In addition, Martyr’s Day is also observed as a day to pay tribute to all the freedom fighters who had sacrificed their lives in order for India’s independence. This day was marked by observance of silence for two minutes at 11.00 a.m. and the singing of “Vaishnav Jan.....” by the teachers’ choir.

## Prof. A. R. Rao Geometry Competition 20-21

Prof. A. R. Rao Geometry Competition 2020-21 for class 10 was conducted in an online mode on 31<sup>st</sup> January 2021. A total of 21 students from Anandalaya participated and the names of rank holders are as follows:

Name of the Students	Class	Position
Dharmik Gupta	X-B	First
Aarin Sheth	X-A	Third
Priyansh Patel	X-B	Fourth
Shashwat Thakur	X-B	Fourth

Students who passed the exam were given an e-certificate. The top 5 rank holders are eligible for the cash prize money of Rs.1000, Rs.600 and Rs.500 for the first, third and fourth positions respectively.

## National Educational Policy 2020 - Webinar for Teachers by Ms. Asha Mishra

The New Educational Policy (NEP) launched in 2020, is a landmark document for the educational community to understand, absorb and implement in principle and practice. To facilitate this, CBSE conducted a series of webinars. All the teachers of Anandalaya attended a webinar in this series in school on 1<sup>st</sup> February 2021. The webinar conducted through live streaming was delivered by CBSE Resource Person Ms. Asha Mishra. Ms. Mishra explained the key principles of NEP 2020. Due emphasis was given on various aspects like respect for diversity, equity, inclusion, community participation and so on. The other key features of the policy she emphasized are: choice of subject, learning through mother tongue especially for the primary level and introduction of vocational training for classes VI to VIII. The webinar was followed by an online quiz based on NEP 2020.

## Webinar - Integrating Media and Films in Online ELT Classrooms – Dr. Sanghita Sen

OXFORD  
UNIVERSITY PRESS

Facebook premiere of the webinar on  
**Integrating media  
and films in online  
ELT classrooms**  
by Dr Sanghita Sen



3<sup>rd</sup> February 2021  
4-5 PM

Dr Sanghita Sen, a researcher and tutor in the department of Film Studies, University of St Andrews, Scotland, UK, conducted a webinar on ‘Integrating Media and Films in Online ELT Classrooms’ on 3<sup>rd</sup> February 2021. During the webinar, Ms. Sen threw light on the benefits of using short film clips in classroom teaching, encouraging students to explore their creativity and language skills to make presentations. Ms. Sen also shared guidelines on how to involve students in film-making and about the need to be safe online. The webinar was organised by Oxford University Press. Teachers of English Faculty attended the webinar.

### **NCC 'A' Certificate Exam-Girls**



The annual NCC 'A' Certificate exam was conducted on 7<sup>th</sup> February 2021 in Anandalaya for NCC JW-Girl cadets. This exam is organised by 4 Guj Girls BN every year for second year cadets. This year the exam was conducted (written paper and the practical test) at Anandalaya due to the COVID-19 pandemic. Thirty eight cadets from NCC second year appeared for the exam.

### **NCC 'A' Certificate Examination- Boys**



On 9<sup>th</sup> February 2021 the NCC 'A' Certificate examination was organised for Junior Division-Boy Cadets at Anandalaya by 13 GUJ BN.



Thirty nine cadets (15 boys from Anandalaya and 24 boys from S V Patel H School) appeared for the examination.

### **Offline Practical Session for class XII**

Owing to the pandemic, students had been studying from their homes. As practical sessions for certain subjects of classes XII were indispensable, the same were organized from 18<sup>th</sup> January 2021 to 5<sup>th</sup> February 2021. Students were divided into batches of 18 each and a special time table was prepared to conduct practical exams. The following precautions were taken for the smooth conduct of the offline practical.

- i) A PTM was conducted one week prior to the classes to gauge the response of parents about offline classes. For this consent forms were distributed to the parents.
- ii) On the assigned days of practical session safety measures for all the students are checked at the gate.
- iii) Teachers were deputed to monitor students' movements and social distancing at different places on arrival, at departure and also inside the laboratories.

Physical classes for Commerce and Humanities were also conducted for main subjects. Under the guidance of the principal, practical sessions were conducted safely and smoothly. A similar procedure was followed for a smooth and safe conduct of practical sessions for classes XI, X and IX.

### **Commerce Mania Quiz**

Anand Vidya Vihar, Vadodara organised an inter-school Commerce Mania Online Quiz Competition for students of class XI and XII. Three teams consisting of two students each participated from Anandalaya and appeared for Preliminary round through Google Meet on 8<sup>th</sup> February 2021. Though they could not qualify for the final round, yet, the quiz was a good learning experience for them through which they got an opportunity to explore answers to questions related to commerce, finance, current affairs, banking etc.

## Career Guidance Session



With the aim of orienting and guiding students of class XI and XII Commerce and Humanities about future career choices, a guidance session was organized on the field of commerce and arts in association with Integrated Management System (IMS) Vidyanagar. It was conducted in the A.V. Room on 10<sup>th</sup> February 2021. The same was made available simultaneously through a live session for all the students of classes XI and XII. Mr. Jaydev Jaswani from IMS Vidyanagar was the resource person who oriented the students regarding various options like BBA, Law, Hotel Management, Mass Media, etc. available after class XII. He also discussed in detail about various colleges, courses and entrance exams that students need to know.

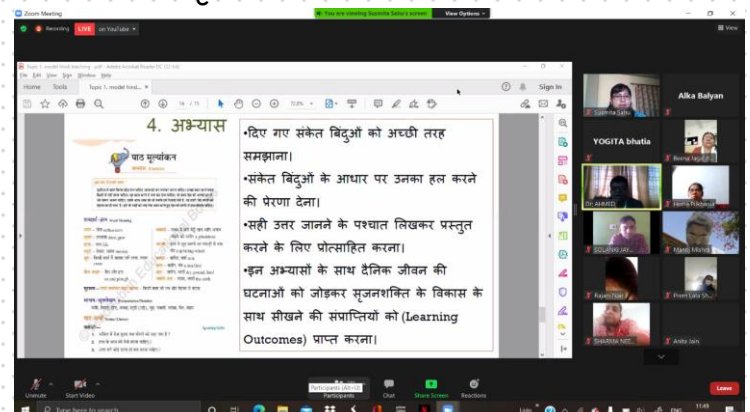
## Junior Skill Championship

Junior Skills, a first of its kind skill championship by the National Skill Development Corporation (NSDC), in partnership with the Central Board of Secondary Education (CBSE), is an opportunity for students from standard VI to XII to explore and exhibit their passion for a particular skill and receive the appropriate vocational and educational training (TVET) to harness this passion.

## Workshop: हिंदी व्याकरण और नई शिक्षा नीति -2020



दिनांक 27-02-2021 को मधुबन प्रकाशक द्वारा 'हिन्दी व्याकरण और नई शिक्षा नीति 2020' विषय पर कार्यशाला का आयोजन किया गया। कार्यशाला के संचालक डॉ. सैयद मतीन अहमद (स्टेट काउंसिल ऑफ एजुकेशनल रिसर्च एंड ट्रेनिंग) ने आधुनिक समाज में हिंदी भाषा शिक्षण के मुख्य उद्देश्यों जैसे - भाषा सम्प्रेषण कौशल विकास, सृजनात्मक / रचनात्मक विकास, जीवन कौशल वमूल्यों का विकास, तकनीकी ज्ञान और व्यवसाय के विकास एवं अध्यापन क्षेत्र में इनकी महत्ता पर प्रकाश डाला। भाषायी विकास हेतु नई शिक्षा नीति के 5(H) स्तंभों- मस्तिष्क (ज्ञान), मन (भाव), हाथ (कार्य), स्वास्थ्य (मानसिक व शारीरिक) और आनंद (मनोरंजन) को शिक्षण कार्य की आधार शिला बताते हुए इन पर आधारित विभिन्न गतिविधियों का उल्लेख किया एवं वर्तमान समाज में बाल मनोवैज्ञानिक दृष्टि से इनकी मूलभूत संकल्पनाओं को स्पष्ट किया। व्याकरण के तथ्यों को उजागर करते हुए उन्होंने कहा कि व्याकरण शिक्षण की प्रक्रिया इस प्रकार होनी चाहिए - गतिविधि - प्रस्तावना - आत्मीकरण - पुनरावृत्ति - अभ्यास पत्र - सृजन।



कार्यशाला में श्रीमती अलका बालियान ने भाग लिया एवं इस सिंचित ज्ञान से अभिप्रेरित होकर विद्यार्थियों में इसे समाहित करने का संकल्प लिया।